

# Greenhills Neighbourhood Centre Newsletter Semester 1 2010



A big welcome back to all childcare families and course participants familiar with our Centre and a special welcome to all our new members.

For our childcare families I have listed below the dates for the first and second term, so you can mark them on your calendar now. Towards the end of each term I will issue re-booking forms for the following term. You will have first choice to pay a \$20 holding deposit for the next term.\* If you do not intend returning I would appreciate knowing a.s.a.p as we still have a waiting list for positions.

Courses at the centre will also run throughout the school terms. Bookings for the following term are done on the same basis as childcare. I will issue re-booking forms towards the end of the term and ask that they are returned with a \$20.00 holding deposit.\* This is **very important** as we need to organize our classes and prepare class lists for our tutors.

\* Holding deposits will be deducted from term fees.

## **DATES FOR TERM 1 2010 – CHILDCARE AND COURSES**

Monday 1st February – 22<sup>nd</sup> March (miss 8<sup>th</sup> March)  
Tuesday 2<sup>nd</sup> February – 23<sup>rd</sup> March  
Wednesday 3<sup>rd</sup> February – 24<sup>th</sup> March  
Thursday 4<sup>th</sup> February – 25<sup>th</sup> March  
Friday 5<sup>th</sup> February – 26<sup>th</sup> March



## **DATES FOR TERM 2 2010 – CHILDCARE AND COURSES**

Monday 12<sup>th</sup> April – 21<sup>st</sup> June (miss 26<sup>th</sup> April & 14<sup>th</sup> June)  
Tuesday 13<sup>th</sup> April – 22<sup>nd</sup> June  
Wednesday 14<sup>th</sup> April – 23<sup>rd</sup> June  
Thursday 15<sup>th</sup> April – 24<sup>th</sup> June  
Friday 16<sup>h</sup> April – 25<sup>th</sup> June



## **COURSES AND ACTIVITIES**

Please make sure you get a copy of the Semester 1 brochure to see all of our ongoing programs along with the new courses and activities including Relaxation and Meditation – classes for both women and men, Pilates, Belly Dancing, Hairdressing, Yoga for Teens and a variety of craft classes.

If you have any suggestions for programs to be included in Semester 2, please see me in the office.

Christine  
Co-ordinator



## **A.G.M - 17<sup>th</sup> March 2010 - 7.30p.m**

Please don't bury your head when the A.G.M comes up. Centres such as ours can only continue to provide services, courses and childcare to the community with your support. Skills shared and gained are invaluable. We need new committee members, new ideas and new skills. If you benefit from the services we provide why not give back a little and help support the Centre.

If you would like any information about what is involved in becoming a member or have any suggestions for the centre please feel free to contact me in the office or our Chairperson Marilyn Leake ph. 94344500 or mobile 0429434299.

### **“Tai-Chi for beginners”**

A new class for Tai-chi beginners will commence on Wednesday mornings at 11.30a.m.

This gentle, passive exercise promotes health and fitness and improves peace of mind.

People of all ages, abilities and levels of fitness are welcome. Ring the office on 94359287 for more details.



## CHILDCARE

Welcome back everyone to 2010.

We hope everyone had a safe and happy new year.

Let's recap some important issues we need to remember for childcare:

- Please remember we have a **nut free policy.**
- Please remember to label everything your child brings into care.
- Please supply sunhat and apply sunscreen at home before coming.
- Please make sure suitable footwear is worn so as to avoid accidents.
- Please supply change of clothes as we have only a very limited supply.
- Always remember to inform staff about anything you may think we need to know about your child and please feel free to approach Elaine or Gina (whoever is in charge of your session) with any concerns you may have.
- There is a communication book at the sign in table if you wish to request a moment to talk to staff and haven't been able to. Please keep the communication between staff and yourself open and understand that everything spoken about is kept in the highest confidence.

This makes for a more settled year with everyone working well together.

We look forward to a great first term, and a super year.

Thank you

Gina, Elaine, Antoinette and Donna



## HIGH FIRE RISK REGISTER



Greenhills Neighbourhood Centre has been placed on the "High Risk Register" for bushfires.

On days this area is declared Code Red (Catastrophic) the centre will be required to remain closed. All childcare and courses will therefore be cancelled. We will be notified of this at least the day prior so we can inform all participants. On other high risk days we ask parents/ participants discretion on attending the Centre.



Although we hope to never be in this situation, we need to be prepared. If for **any reason** we need to evacuate the Centre our assembly point is the Greenhills Scout Hall (first building in Community Drive).

In conjunction with the kindergartens in Community Drv we will also need to do regular fire drills. If for any reason you do not want your child to leave the childcare room and be part of these drills please see the staff member in charge of your session.

## **“Grandparents As Carers Playgroup”**



Do you know of anyone who looks after their grandchildren on Tuesday afternoons and would like to attend a small playgroup to allow children to play and grandparents a social opportunity? We have a group who meet at the centre fortnightly on Tuesdays between 1.00p.m – 3.00p.m and new members would be most welcome. Please phone the centre on 94359287 for details.



## **“Coffee for a Cause” 12<sup>th</sup> March & 21<sup>st</sup> May 10.30a.m**

Once a term we will be holding a coffee morning at the centre. This is an opportunity for participants to meet others attending the centre and at the same time help others in the local area. We provide morning tea and donations collected on the day will be given to a variety of local charities. The morning is open for **everyone**, so bring some friends and enjoy a lovely social morning. Children are welcome and bookings would be appreciated to assist with catering.



## **“Colour and Style for You”**

Ever wondered what colours or styles suit you best? Why not attend one of our workshops with an expert consultant and learn how to look your best. Full details of these workshops are included on our course brochure.



## **“Introductory Yoga for Teens” (aged 15 – 18 yrs)**

A new class will start on Saturday morning 27<sup>th</sup> February at 10.30a.m to offer teens the opportunity to try yoga. The class will enhance concentration and focus through breathe awareness and yoga postures. Includes guided meditation for relaxation to reduce the stresses of life.